

CMF
JDC24

15-17 November

JESUS + JUSTICE

The Lord is a God of justice
(Isaiah 30:18)

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JDC2024



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cmf junior doctors' conference 15-17 November 2024

'We are not to simply bandage the wounds of victims beneath the wheels of injustice, we are to drive a spoke into the wheel itself.'

(Dietrich Bonhoeffer)

'The Lord is a God of justice.' (Isaiah 30:18)

And so, his followers long for justice.

In a world full of injustice, we need his justice, proclaim his justice, and live out his justice.

Over three talks, we'll dig into what Isaiah teaches about God's justice, our injustice, his solution in the justice of the Cross of Jesus, and what it means to live and speak for Jesus and justice today.

MAIN SPEAKER



Giles Cattermole works part-time as an Emergency Medicine consultant and part-time for a church in London. He was previously the CMF Head of Student Ministries and, more recently, the UCCF

London Team Leader. He trained in Oxford and Wales, has worked in academic emergency medicine in Hong Kong and Rwanda. He was the founding chair of the RCEM global emergency medicine committee. Giles is married to Victoria and has four children. He is also a keen cruciverbalist.



PROGRAMME

FRIDAY 15 NOVEMBER

From 17:30	Registration
18:30	Dinner
20:15	Welcome Main session 1
22:00-22:30	Night Prayers

SATURDAY 16 NOVEMBER

08:00-9:00	Breakfast
08:00-08:30	Morning prayers
09:30	Main session 2
11:00	Coffee
11:45	Seminar session 1
13:00	Lunch
14:00	Free time - retreat/activities
16:15	CMF Connect (45 mins)
17:15	Seminar session 2
18:30	Dinner
19:45	Q&A session with Giles Cattermole
21:00	Evening activities
22:00-22:30	Night prayers

SUNDAY 17 NOVEMBER

08:00-9:00	Breakfast
08:00-08:30	Morning prayers
09:15	Seminar session 3
10:30	Coffee
11:15	Main session 3 - with communion
13:00	Lunch
14:00	Depart

GENERAL INFORMATION

VENUE

The Hayes Conference Centre,
Hayes Ln,
Swanwick,
Alfreton DE55 1AU

TRAVEL

See cct.org.uk/the-hayes/ for full details.
The Hayes is only 5 miles from the M1. The
nearest train station is Alfreton (three miles
away).

BOOKSTALL

A bookstall is available and there will be
plenty of relevant literature available for you
to purchase. Cash and credit card accepted.

PASTORAL CARE TEAM

Pastoral care and prayer is available
throughout the weekend.

CANCELLATIONS

No refunds will be paid for cancellation after
31 October 2024. If you cancel your
booking before **31 October 2024**, payment
will be returned with the deduction of a £40
administration fee.

For more details or enquiries, contact:
events@cmf.org.uk
Tel: 020 7234 9660

1

I'm a junior doctor; get me out of here!

Against the backdrop of a health service in crisis, low morale, colleagues leaving, and not infrequently frustrated patients, do you find yourself overwhelmed and questioning whether or not you still want to be a junior doctor? While remaining real about current challenges, what can help to stay training and working as Christians in medicine? We will explore aspects of calling, work, lament and how we might survive and thrive as junior doctors.

SPEAKERS

James Tomlinson is a GP based in Birmingham and Head of Volunteers and Networks for CMF.

Fiona Joseph is an internal medical trainee based in Portsmouth and on the CMF Junior Doctors' Committee as the Social Media Coordinator.

2

Why God wants you in leadership (and how you are already)!

More than ever, medicine needs God's Kingdom values, from caring, compassionate patient care to leading teams to the allocation of finite resources and big ethical issues.

And do you know what? Someone decides all these things; someone models all these things well (or not), and if you don't, someone else will. However, they will not be filled with the Holy Spirit, are unlikely to hold to God's Kingdom values, and are less likely to serve in their leadership.

SPEAKERS

Chris Holcombe is a consultant surgeon in Swansea and has held multiple leadership roles locally, regionally and nationally. Chris currently heads up CMF's Christians in Healthcare Leadership Network.

Sue Holcombe is an advanced nurse practitioner who has led teams locally and nationally.

3

The perils of 'scepticaemia'? A workshop for cynical healthcare workers.

Some say cynicism is a life jacket that prevents us from drowning in disappointment. But in practice, cynicism leads to a pathological mistrust of others that can sink our faith. Jesus was neither cynical nor naïve. He showed us how to remain spiritually buoyant. The gospel gives us good reasons to remain hope-filled and warm-hearted. While he laments with us in our disappointments, he always refocuses us on the light that has overcome the darkness.

SPEAKER

Alex Bunn is the lead GP for Wandsworth Prison, a former CMF staff worker, and a keen beekeeper.

4

Abortion and the junior doctor

Christian junior doctors might find themselves asking several questions about abortion: How might juniors expect to be involved with caring for women who are considering or seeking an abortion or who have had an abortion in the past? Will this be different if I have a rotation through or choose to train in Obs & Gynae, as a GP, or in Anaesthetics? Are there ways inside or outside work that I could offer better support to both expectant mothers and their unborn babies? This seminar will aim to offer a refresher on the Christian ethics of caring well for women and their unborn children. We will also consider questions like those above as we consider how a Christian junior doctor can be positively engaged with their care.

SPEAKERS

Susan Marriott is CMF's Head of Public Policy. She previously trained and worked as a GP in and around Cambridge. She has also undertaken theological training and is currently enjoying combining both these strands while working for CMF.

Paula Busuulwa is a trainee in obstetrics and gynaecology, currently out of programme in London, and Chair of the CMF Junior Doctors' Committee.

5

Speaking for Christ in the 'Culture Wars' - engaging with contentious issues in the public square

The last decade has seen identity politics transform public discourse across the British Isles. Debates on ethical and cultural issues, such as abortion, gender, and assisted suicide, have become increasingly heated and polarised. Christians are often viewed as intolerant oppressors who need to be shut down and sidelined. How can we navigate these culture wars as junior doctors in sensitive, faithful, and credible ways? What specific opportunities might we use to speak out in our unique contexts?

SPEAKERS

Mark Pickering is CMF's Chief Executive and a prison GP. He has wide interests in apologetics and bioethics and has been involved in these areas since being a CMF student member in the late 90s. He loves engaging with people who disagree with him, finding common ground, and improving contentious conversations.

Ben Chang is a speaker, writer, and A&E Registrar. He regularly speaks at conferences, universities, and churches on a range of issues, including medical ethics, identity politics, and cultural engagement. He is also the author of *Christ and the Culture Wars: Speaking for Jesus in a World of Identity Politics*.

6

'And can it be...that I should grow in faith at work?'

The healthcare workplace is undoubtedly full of challenges at every level, maybe more so now than ever. How can we not only survive despite all the difficulties but flourish and grow as disciples of Christ in our daily work?

SPEAKERS

Steve Sturman is a Consultant in Neurorehabilitation in Birmingham and has spent the last 40 years 'surviving' in the NHS. With the perspective of time, it is becoming clear that there is more to it than just 'survival'. He enjoys exploring the paradox between our daily chaos and God's providence to help us grow. Steve is a CMF Associate in Pastoral Care and Wellbeing.

Katherine Aiken is a paediatrics ST2 in Northern Ireland and the current vice chair of the CMF Junior Doctors Committee. When not on a rota, she enjoys spending time with family and friends over food, board games, or a walk.

7

Seeking justice: A biblical response to current ideology

In this seminar, we will consider some of the critical theories behind current identity politics. We will see that they arise from a worldview that assumes that there is no transcendent God, and so we each construct our own reality. How should Christians respond?

SPEAKER

Dr Sharon James is a Social Policy Analyst for The Christian Institute (UK). Her books include *The Lies We Are Told*, *The Truth We Must Hold*; *Gender Ideology: What Do Christians Need To Know*; and *How Christianity Transformed the World*. Sharon has a history degree from Cambridge University, a Master of Divinity degree from Toronto Baptist Seminary, and a PhD from the University of Wales. For more information, go to sharonjames.org.

8

Talking about Jesus at work: Can we share our faith with colleagues and patients? Is it allowed? Dare we risk it? Why do we find it so difficult?

We will explore these questions together and share our experiences and discover some tools we can use to speak of Jesus with graciousness and respect for others' views and within our guidelines.

SPEAKERS

Sheila Matthews is a retired GP from the East Midlands. She spends her time trying to keep her own and the church garden under control. She is part of the CMF Saline Team.

Ellie McBain is a FY1 doctor living in Glasgow, having recently moved from Newcastle. Ellie enjoys adventuring in the outdoors around Scotland and has also started on Global Track with a view to working overseas in medical mission.

9

Help! I'm exhausted

Juggling all that life throws at us, whether it's church, family, or relationships, can be draining. Add the pressures of being a junior doctor, and it's a recipe for exhaustion. Is there a way we can thrive and not just survive? We'll dive practically into how we, as twenty-first-century followers of Jesus, can find the easy yoke and thrive in faith, relationships, and work amid modern life's challenges.

SPEAKER

James Adams currently works LTFT as a GP registrar on the Doctors in Deprivation programme in Manchester. He leads a church plant in Stockport alongside his wife. He has previously juggled life doing foundation years whilst also being CEO of a charity in his hometown of Stoke. So, his passion for thriving in busyness has largely come from making mistakes.

10

Ethical problems of AI in healthcare: the old and the new

AI and new digital technologies are going to have a disruptive effect on healthcare worldwide. While many of the ethical concerns, such as privacy, equity, and bias, are long-standing, there are genuinely new issues to debate. Should AI systems be used to obtain informed consent or to predict an unconscious patient's treatment preferences? What about companion bots for vulnerable adults or therapy bots for CBT? How does a Christian understanding of humanity engage with the challenges of the brave new world of automated healthcare?

SPEAKER

John Wyatt is Emeritus Professor of Neonatal Paediatrics at UCL and President of CMF. His background is in clinical neonatology and applied neuroscience, but his main focus now is on ethical challenges raised by advances in digital and biomedical technology.

11

Clothed with joy

The things that can make us good doctors can also make us more likely to become unwell through suffering burnout, vicarious trauma, and compassion fatigue. In the current climate, moral injury is also increasingly being identified as a source of disease among health professionals. Yet there can be deep joy in the journey God calls us to, both as God's children and in the health care roles in which we serve. In this seminar, through the lens of Psalm 30, we will consider and frame these different risks to our health and wellbeing. We will reflect on what it means to respond to the invitation of God to live and work out of a place of God's joyful shalom.

SPEAKER

Rhona Knight was a GP, medical educator, and academic for over 25 years, focusing latterly on the health and wellbeing of healthcare professionals. Following ordination, she developed an interest in ministering in times of trauma. She is the author of the Grove Booklet, *Mission in a Time of Trauma*.

12

Global health at home: Meeting the physical and spiritual health needs of refugees and asylum seekers in the UK

More people are displaced than at any other point in human history. Refugees and asylum seekers often have complex health needs yet face multiple barriers to achieving health equity. This workshop will provide an overview of Refugee and Asylum Seeker health in the UK, considering how we can respond as Christian healthcare professionals.

SPEAKER

Aaron Poppleton is a clinical academic and educational trainer in General Practice. He is pursuing a PhD in cross-cultural care. He is the chair of the CMF Global Committee and has worked, studied, and taught in countries across Europe.

PASTORAL CARE



The CMF Pastoral Care & Wellbeing Team will be available at the conference to listen and to pray.

If you would like to pre-book a wellbeing and prayer session with a CMF pastoral partner, please indicate when you book online and the team will be in touch.

The Team will also be happy to be approached throughout the weekend whenever needed. Conference can be a good time to pause and reflect. On Saturday afternoon, a short retreat in the Chapel will allow space to take stock, draw near to God, and receive his renewal. It is a special opportunity to refocus on the one who loves us. Open to all, there's no need to book.

MORE INFORMATION

For more information about the CMF Pastoral Care & Wellbeing Team, visit:

cmf.org.uk/pastoralcare

COST

The cost for the whole weekend includes the conference, your own ensuite room (unless you opt to share), and all meals and refreshments from Friday evening until Sunday afternoon.

CMF members are eligible for a special discounted rate

Early Bird Rate:

£20 off for bookings made before Wednesday, 25 September 2024
(not applicable for day visitor rate)

FYI/2

£290 non-member rate, £250 CMF member rate

All other delegates

£340 non-member rate, £290 CMF member rate

Friday or Sunday only - day visitor (including dinner/lunch)

£50 flat rate for all

Saturday only - day visitor (including lunch & dinner)

£110 flat rate for all

Bookings close on Wednesday, 30 October 2024

All bookings are based on available spaces, so book early to avoid disappointment.

No refunds will be paid for cancellation after 31 October 2024. If you cancel your booking before 31 October, payment will be returned with the deduction of a £40 administration fee.

BOOK NOW

