

Medicine Mission and Me, A Retreat, 26-30 May 25

MONDAY

18:00	Dinner
19:00	Coastal path/ beach walk
20:00	Getting to know you/Intro to the week
21:00	Free time

TUESDAY

07:00	Swimming - For those who want to!
08:00	Breakfast
09:00	Prayer and praise/God's heart for the nations and the biblical basis of mission
10.30	Tea & Coffee break
11.00	God's world: Current physical and spiritual needs in the world
11.30	What is mission? Integral mission
12.30	Prayer and reflection
13.00	Lunch
14.00	Walk/Free time
1700	Guided Reflection
18.30	Dinner
19.30	Medicine and Mission: Different models of working, how they can fit together – health and outreach?
20:00	Partnership: Building relationships through education and health, teaching & partnership, donors driving the agenda? Ian /Fi
20.30	Learning from experience: Group work
21:00	Free time

WEDNESDAY

07:00	Run/walk - Optional!
08.00	Breakfast
09.00	God's work: Praying, Do I need a call? What is God's plan for me?
10.30	Tea & coffee
11:15	Cross cultural ministry: Working in Multicultural teams
12.00	Contemporary issues: Creation Care, Western Saviours?
12.45	Questions
13.00	Lunch
14.00	Canaerfon Castle visit/Free time

18.30	Dinner
19.30	God's work: Sending Equipping for healthcare - Role of churches and sending agencies
20.30	Personal story
21.00	Free time
THURSDAY	
07:00	Swimming - Optional!
08.00	Breakfast
09.00	The cross-cultural mission worker - Wanting to be needed - Humility, flexibility, team relationships
10.30	Tea & coffee
11.00	Counting the cost: Mission, risk & suffering
11.30	Coping with challenges - What might be difficult?
12.30	Prayer and reflection - Cost of surrender
13.00	Lunch- Fi
14.00	Walk / free time - Coastal path walk to Black Rock Sands
16.30	Tea & coffee
16.45	Pressing on
17.15	When helping hurts: Helping without harming others or yourself!
17:45	Short term medical mission: Short Term Vs Long Term mission
18.30	Dinner
19.30	What next? - Living in the 'now'
20.00	Summary and prayer time: What have I learned? How can we pray for each other?
21.00	Free time
FRIDAY	
07:00	Run/ walk - Optional!
08.00	Breakfast
09.00	Pack up

Suggestions for individual work during the week:

Any specific questions you have

Vision, values and SHAPE (spiritual gifts, heart, attributes, personality and experience) Readiness for cross cultural mission

Developing a personal mission statement